



CBSE/DIR(ACAD)/SEWA/2020

04<sup>th</sup> February 2020

**Subject: Social Empowerment through Work Education and Action (SEWA) Projects – reg.**

Dear Lead Collaborator

Reference circular no. Acad-10/2018 dated 21.03.2018 and Acad-11/2018 dated 25.04.2018 wherein schools were advised to reserve one period every day for Health and Physical Education especially for class IX to XII as per the transactional strategies, guidelines and methodologies as given in the Manual on '**Mainstreaming Health and Physical Education**'.

As envisioned in the new format of HPE, each student will undertake activities categorized under the following strands:

- Strand 1: Games/Sports
- Strand 2: Health and Fitness
- Strand 3: SEWA (Social Empowerment through Work Education and Action)

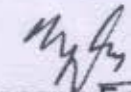
The schools were also advised to place the record of activities they undertake under strands 1 and 2 on their own website under the '**Sports Corner**' and updated at regular intervals and in case of SEWA, records to be kept ready for scrutiny by CBSE at any time during the year.

After scrutinizing a few SEWA Projects shared by schools, it has come to the notice of the Board that the philosophy of SEWA has not perhaps been appropriately comprehended by schools.

Therefore, to improve SEWA Projects undertaken by the schools, Lead Collaborators of Hubs of Learning shall actively undertake peer learning for SEWA Projects and discuss them with the member schools of the hub in the light of guidelines given in the '**Mainstreaming Health and Physical Education** Manual. If need be, the member schools may be made aware of all the guidelines to improve the quality of their SEWA Projects. Record of meetings held in this regard may be documented for further reference.

The Manual is available at the following link:

[http://cbseacademic.nic.in/web\\_material/Circulars/2018/Health%20and%20Physical%20Education%20\(HPE\)%20IX-XII.pdf](http://cbseacademic.nic.in/web_material/Circulars/2018/Health%20and%20Physical%20Education%20(HPE)%20IX-XII.pdf)

  
(Dr. Joseph Emmanuel)  
Director (Academics)

SEWA  
done by the  
HPE teacher  
24/2/2020