

Sant Chavara National Academy, Chandametta

WEEKLY LESSON PLAN FOR ACADEMIC YEAR 2024-2025

CLASS-VIII

SUBJECT- Life Skill

MONTH	WEEK	DATE	CH	TOPIC
APRIL	1	1,3,4,5,6	1	Grow in Empathy
	2	10,11,12,13,15	1	Types of Empathy
	3	17,18,19,20,21	1	Benefits of Empathy
	4	24,25,26,27,28	1	Ways through which you can practice Empathy
JUNE	5	19,20,21,22,23,24	2	Try You will succeed
JUNE & JULY	6	26,27,28,30, 1	2	Failure is a Blessing, The 3 R,s success
	7	3,4,5,6,7,8	2	Ideas to bounce back from failures, Tips to focus on your goals
	8	10,11,12,13,14,15	3	Be Empowered, Types of Empathy
	9	17,18,19,20,21,22	3	Ideas to achieve Empowerment
	10	24,25,26,27,28	3	Students Empowerment
JULY & AUGUST	11	31,1,2,3,4,5	4	Be positive
	12	7,8,9,10,11,12	4	Steps to develop positive attitude, Few steps to grow up in positive attitude
	13	14,16,17,18	5	Healthy body for a healthy mind
	14	21,22,23,24,25,26	5	Healthy body for a healthy mind,Importance of exercise
AUGUST & SEPTEMBE	15	28,29,31,1,2	6	Righteousness

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	16	4, 5,6,8,9	6	Righteousness vs self Righteousness
		11 TO 27	6	Good habits
SEPTEMBER	17	29,30	7	Animals / Our Best Friends
OCTOBER	18	3,4,5,6,7	7	Laws for protection of animals Animal Welfare board of India
	19	9,10,11,12,13	8	Experience Inner Silence, Mental and emotional benefits
	20	16,17,18,19,20,21	9	Benevolence
	21	26,27	9	Points that will help you to become more Benevolent
OCTOBER & NOVEMBER	22	30,31,1,2,3,4	9	Benevolence , Points that will help you to become more Benevolent
	23	6,7,8,9	10	My India / My Mother
	24	16,17,18	10	Patriotism
	25	20,21,22,23,24,25	10	Patriotism Spirit
	26	28,29,30	10	REVISION FOR ANNUAL
DECEMBER		7 TO 21		
JANUARY		5		

NAME OF THE SUBJECT TEACHER – Smriti Jaiswal